

JOB DESCRIPTION

Basic Information	
Job title:	<i>Fitness Coach</i>
Work level:	Full Time
Reports to:	Head Coach
Place of work:	Studio Location

Overview of the Role

Orangetheory Fitness Coaches are extraordinary. They help hundreds of members achieve their fitness goals through our science-backed, technology tracked workouts, while being part of a fun, passionate and rewarding team culture.

As an Orangetheory Fitness Coach, you are the centre of what makes Orangetheory Fitness the best workout in the world! You are responsible for delivering our workouts to an outstanding standard, navigating the entire class experience from start to finish to suit all fitness levels. You constantly motivate our members to succeed and ensure the member experience is one of a kind, every time.

Key Responsibilities

Class delivery

- Instruct your classes passionately to the standard of a world class fitness expert, with confidence of the program in every class
- Conduct 60 minute, predefined workouts to large groups of people in the studio in a motivating, inspiring and extraordinary way
- Demonstrate movements like a pro and modify the workout for all fitness levels
- Modify the workout as required for people with injuries and special requirements
- Educate and excite our members about what their results mean
- Encourage and always remind our members to push for continued growth in every class
- Be open to feedback and have an appetite to continually develop and improve your coaching quality

Member Experience

- Create a personal connection with the members that sees them returning to the studio time and time again
- Assist operational staff with inductions and facility viewings
- Drive a sense of community and play an active role in member engagement activities and studio events which build stronger connections between the members and the OTF brand, studio, coaching team and other members
- Work together with the sales associates to create a consistent and seamless member experience
- Maintain the cleanliness of the studio

Other Information	
Experience & Qualification Required	<ul style="list-style-type: none"> • Certificate III in Fitness • First Aid and CPR Certificate • 1+ year experience teaching group fitness classes, as a personal trainer or group fitness instructor (desired, not essential) • Ability to demonstrate all movements performed in an Orangetheory Fitness class

<p>Requirements of the Individual</p>	<ul style="list-style-type: none"> • You are the person in the crowd that has something extra! • Lots and lots of energy • Passion for health and fitness • Positive, motivating and clear communication skills • Ability and desire to train all fitness levels • Strong appetite for personal and professional development • Customer centric attitude • Ability to multi-task and stay organised while training large groups of clients in one group training session • Desire to constantly improve and create the best experience for our members possible
<p>Key Relationships</p>	<ul style="list-style-type: none"> • Head Coach – Your direct manager, they work to develop your coaching skills, support your career development and roster your shifts • Fitness Coaches – Your extraordinary peers, you work alongside each other to coach the members and help cultivate an enjoyable and passionate member culture • Operational staff – Extraordinary Studio Manager and Sales Associates you work alongside to help drive sales for the studio to assist with growing the number of studio memberships • Members –the awesome people you work to inspire and motivate while ensuring they are satisfied and hungry for more